October 2017



Riverside Elementary Lunch Menu

Riverside Elementary Lunch Menu					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Hot Dog on a Bun Chicken Patty Sandwich Ham & Cheese Sandwich Steamed Carrots Brown Rice Fresh Broccoli Fresh Fruit or Juice	3 Rotini w/Meatsauce Chicken.Nuggets w/WG Brd. Chicken Caesar Salad Seasoned Green Beans Garden Salad Diced Peaches or Juice	4 BBQ Chicken Burger Chicken Nuggets Chicken Salad Sandwich Sweet Peas Garden Salad Fresh Fruit or Juice	5 Hot Dog on a Bun Cheeseburger All American Chef Salad Vegetarian Baked Beans Celery Sticks Applesauce or Fruit Juice	6 Chicken Patty Sandwich Pepperoni Pizza Chicken Caesar Salad Steamed Broccoli Baked Fries Fresh Fruit or Juice	More Info Offered Daily: Fresh Fruit Or Juice Fresh Vegetables 1% Milk Skim Milk Chocolate Skim Milk All Breads, Rolls, Pasta and Pizza Dough is Whole Grain Students must pick at least one serving of fruit or vegetable with their meal
9 COLUMBUS DAY	10 Chick,Mashed Potato Bowl Cheeseburger Turkey Sandwich Mashed Potatoes Sweet Golden Corn Garden Salad Fresh Fruit or Juice	11 Pasta w/Meatballs Chick.Nuggets w/WG Bread Ham & Cheese Sandwich Seasoned Carrots Cucumber & Tomato Salad Mixed Fruit Cup or Juice	12 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ranch Chicken Salad Campfire Beans Seasoned Peas Fresh Baby Carrots Fresh Fruit or Juice	13 Mozzarella Stks.w/Marinara Chicken Patty Sand. Ham Sandwich Vegetarian Baked Beans Steamed Carrots Red Pepper Slices Fresh Fruit or Juice	
16 Cheeseburger Chick.Nuggets w/WG Brd. Chicken Chef Salad Baked Fries Sweet Golden Corn Garden Salad Fresh Fruit or Juice	17 Chicken Patty Sandwich BBQ Rib Sandwich Ham & Cheese Sandwich Green Beans Parsley Noodles Fresh Red Pepper Slices Diced Pears or Juice	18 Popcorn Chicken Hot Dogs on a Bun Turkey & Cheese Sand. Steamed Broccoli Cilantro Lime Rice Three Bean Salad Fresh Fruit or Juice	19 Hamburger on a Bun Chick.Nuggets w/WG Brd. Popcorn Chick.Salad Sweet Potato Tots Seasoned Peas Fresh Baby Carrots Applesauce or Juice	20 Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Wrap Steamed Broccoli Brown Rice Fresh Cucumber Slices Fresh Fruit or Juice	
23 French Tst.Stks. w/Sausage Chicken Patty Sandwich Ham & Cheese Wrap Baked Tater Tots Seasoned Peas Fresh Broccoli Fresh Fruit or Juice	24 Fish Sticks Chicken Patty Turkey Chef Salad Campfire Beans Green Beans Garden Salad Sliced Peaches or Juice	25 Pulled Pork Sandwich Turkey & Cheese Sandwich Steamed Rice Golden Corn Garden Salad Fresh Fruit or Juice	26 Nacho Platter Chicken Nuggets Turkey & Cheese Salad Baked Fries Steamed Carrots Fresh Celery Sticks Blueberries w/Whip Topping or Juice	27 Hot Dog on a Bun Pepperoni Pizza Ham & Cheese Wrap Seasoned Green Beans Cucumber & Tomato Salad Diced Peaches or Juice	
30 Hot Dog on a Bun Chicken Patty Sandwich Ham & Cheese Sandwich Seasoned Peas Sweet Potato Fries Fresh Broccoli Fresh Fruit or Juice	ACT 80 Day Early Dismissal Bag Lunches Available Order by 10/24/17 Breakfast Available HAPPY HALLOWEEN		Prices: Paid Lunch \$2.20 Reduced \$.40 Free \$.0	Foodservice Custodial & Substitute Positions Available. Apply online at: <u>www.aramark.com</u> Search Taylor PA/Riverside Earn extra money while children are at school.	

Healthy For Life

